

Behavior after oral and maxillofacial surgery:

Bite on the gauze pads placed in your mouth for approximately 60 minutes, then remove them. Light bleeding on the day of the surgery is not uncommon and can usually be stopped by applying pressure (placing additional gauze pads and biting down).

To reduce swelling of soft tissues, you should apply cold packs to the cheeks from the outside during the first two days after the procedure. Postoperative wound pain for several days is normal. Please take the prescribed medications as discussed with you.

After removing the gauze pads, you can drink (nothing hot). Wait until the local anesthesia has completely worn off before eating, and try to avoid putting pressure on the surgical areas while eating.

For disinfection and hygiene of the wound areas, please use the mouthwash recommended by us (e.g., Chlorhexamed Fluid 0.1%). The mouthwash should be used from one day after the operation until the stitches are removed (after one week) (approximately 3 times a day, in small amounts, and for a few seconds).

Until the stitches are removed, you should avoid sports and physical exertion.

Feel free to contact us if you have any questions.

We wish you a speedy recovery!